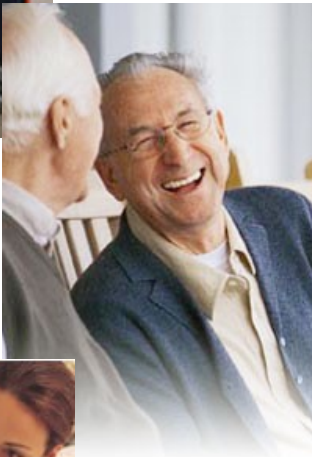


*Actively Engaged in Ageing*



Further information about advocacy is available from:

- Community Services Department  
Barossa Village Inc  
Phone: 85 620 300  
Fax: 85 624 680
- The Residency  
Barossa Village Inc  
Phone: 85 610 400  
Fax: 85 610 499
- Aged Rights Advocacy Service  
Phone: 8232 5377 or  
1800 700 600 (free call)
- Complaints Resolution Services  
55 Currie Street, Adelaide  
Phone: 1800 550 552 (free call)
- Office of the Public Advocate  
Phone: 8269 7575
- Your general practitioner  
Name.....  
Phone.....
- Your case manager  
Name.....  
Phone.....
- Your nurse  
Name.....  
Phone.....

**ADVOCACY**





## ADVOCACY

### What is an advocate?

An advocate is a person or organization who can help you to uphold your rights. In most situations we are able to advocate for ourselves. However changes which occur in our lives can make one feel in a vulnerable position. If you are in a situation where you are unable to express your wishes, an advocate can speak up for you.



*See over page for contact details to find further information about advocacy*

### Who should be my advocate?

It is important that if you are able, you should choose your own advocate.

Use the checklist below to assist you to choose an advocate.

Is the person whom I choose to be my advocate:



Listening to my needs carefully



Aware of my wishes



Trustworthy



Able to liaise with others about my needs



Able to provide secure storage and disposal of any personal information



Aware of any legal processes eg enduring power of attorney



Respectful of my decisions



Available when I need them



Understanding of my situation

